

CONGESTIVE HEART FAILURE

DOCUMENTATION

1. Etiology of Heart Failure documented (systolic, diastolic, valvular, arrhythmia, other)
2. Stage of Heart Failure documented (Stage A,B,C,D)
3. Ejection Fraction documented
4. Co-morbid conditions documented (HTN, CAD, DM2, A.fib)

EVERY VISIT ACTIONS

1. Current functional status (Change Stages?)
2. Record Body weight
3. Document presence/absence of organ congestion (pulmonary rales, hepatomegaly)
4. Presence of and severity of edema

EPISODIC ACTIONS

If change in clinical status or patient has experienced a clinical event or received treatment that may effect CV function, repeat measurement and documentation of EF

ONGOING MANAGEMENT

1. CHF Management tool reviewed yearly
2. Patient Education Provided
3. Appropriate Medications for Stage C Heart Failure utilized

IMPORTANT TO MAXIMIZE MEDICATION DOSAGE AS TOLERATED

(see attached sheet)

MEDS FOR ROUTINE USAGE IN CHF

1. Diuretics for fluid retention
2. ACE Inhibitors
3. Beta Blockers

MEDS IN SELECTED PATIENTS

1. Aldosterone Antagonist
2. ARBs (if ACE intolerant)
3. Digitalis
4. Hydralazine + nitrate